

PRESS RELEASE

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Author of One Again Presents Seminar in Ashland on True Forgiveness Saturday October 24, 2009

“The Wisdom of True Forgiveness” is the topic of a transformative seminar by Linda McNabb, author of ***“One Again – A True Story of a Different Kind of Forgiveness”*** and popular teacher of ***A Course In Miracles***. The all-day intensive at the Best Western Windsor Inn in Ashland will be Saturday, October 24; 10 a.m. – 4 p.m., followed by a book signing. Phone 541-973-3512 or visit www.ACIMblog.com for info. Cost is \$45 in advance, or \$50 at the door.

“I realized that as immortal spirit I no longer needed to define myself by what had happened to my body or by what I’d done with my body. That is how I ended my suffering. This is everyone’s story; it is a story of being lost and finding oneself. Sure, the events maybe different, but in awareness they are all the same. We are all in the same boat here. I count my abusers and attackers among my greatest spiritual teachers and all I want for them is to experience the peace of God as I am, and more. There is but one problem, that we imagine we are separate from our source. There is but one solution, to rest in the awareness that we are perfect love, wisdom, and compassion and to live from that place.” – Linda McNabb

Linda McNabb's books, programs, interviews, appearance schedule and book details are featured on their website at: www.LindaMcNabb.com

Biographical Information about Linda McNabb:

Linda Jean McNabb spent nearly twenty years in the corporate business world, first as a claims adjuster and then as a sales representative for several large companies offering various products and services. Linda, who came out of her mother’s womb folding her own diapers, then formed and operated her own organizing business. For the past several years, she has moved, organized, and simplified many people’s lives in North Carolina and more recently in southern California, where she currently lives. After living in California and being drawn to a healthier lifestyle, she received training as a Raw Food Chef. Through that network, she became employed by a world-renown hospital in Rosarito, Mexico, where she taught several nutrition and food preparation classes each week.

Currently, Linda is a personal assistant for Gary R. Renard and conducts workshops on the Wisdom of True Forgiveness.

Here are more details from Linda about her life and work:

“After reading Gary’s books DU and YIR and then becoming ACIM student I was inspired to write my life story, something I never dreamed I’d do in a million years. Then as I wrote, I began forgiving all the traumatic events of my childhood using Gary’s and ACIM forgiveness teachings. I never planned this; it just happened through using the forgiveness teachings I was led to telling this story. I realized that I was not a body that could be damaged or destroyed. I realized that as immortal spirit I no longer needed to define myself by what had happened to my body or by what I’d done with my body. That is how I ended my suffering. This is everyone’s story; it is a story of being lost and finding oneself. Sure, the events maybe different, but in awareness they are all the same. We are all in the same boat here. I count my abusers and attackers among my greatest spiritual teachers and all I want for them is to experience the peace of God as I am, and more.

There is but one problem, that we imagine we are separate from our source. There is but one solution, to rest in the awareness that we are perfect love, wisdom, and compassion and to live from that place. The only thing that will ever satisfy us is the magnificence of God! And by that I mean to go beyond the intellectual understanding and to actually experience it. That is what I am doing.

I began substance abusing at age 12 and did so for a good part of my adult life, while suffering from suicidal depression. It has been nearly a decade since I’ve abused any substance other than chocolate.

Writing this book led to me meeting Gary and becoming his personal assistant. I’m honored to call Gary my dear, good friend. He endorses me in all my work. My book and workshop is complimentary to his. My work stands on it’s own merits as I have taken the teachings and applied them to my real life and am now more whole than broken, more sane than insane. That is how I can help others. As you gain stable well-being you are able to live a wholly beneficial life.”

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