

PRESS RELEASE

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Author of One Again Presents Seminar in Ashland on True Forgiveness Saturday May 8, 2010

“Forgiveness: The One Solution In All Problems” is the topic of a transformative seminar by Linda McNabb, author of ***“One Again – A True Story of a Different Kind of Forgiveness”*** and popular teacher of ***A Course In Miracles***. The all-day intensive at the Best Western Windsor Inn in Ashland will be Saturday, May 8; 10 a.m. – 4 p.m., followed by a book signing. Visit **www.ACIMblog.com** or phone 541-973-3512 for info. Cost is \$45 before Apr. 8; \$55 after or at the door.

“I realized that as immortal spirit I no longer needed to define myself by what had happened to my body or by what I’d done with my body. That is how I ended my suffering. This is everyone’s story; it is a story of being lost and finding oneself. Sure, the events maybe different, but in awareness they are all the same. We are all in the same boat here. I count my abusers and attackers among my greatest spiritual teachers and all I want for them is to experience the peace of God as I am, and more. There is but one problem, that we imagine we are separate from our source. There is but one solution, to rest in the awareness that we are perfect love, wisdom, and compassion and to live from that place.” – Linda McNabb

Linda McNabb's books, programs, interviews, appearance schedule and book details are featured on their website at: www.LindaMcNabb.com

Biographical Information about Linda McNabb:

Currently Linda is a personal assistant for bestselling author and acclaimed teacher of “A Course In Miracles,” Gary Renard, and gives monthly workshops and classes on the Wisdom of True Forgiveness. Her book, ‘One Again: A True Story of a Different Kind of Forgiveness,’ is the story of how she was finally able to forgive a traumatic childhood, including being gang-raped at the age of 13 followed by years of self destruction. By practicing and using the forgiveness teachings from Mr. Renard’s books she was able to end her suffering and

change her life. To learn more about Linda, her book, and her workshops please visit her website at www.LindaMcNabb.com

Linda recently gave a presentation at Agape in southern Calif. She will be featured at the ACIM Conference in San Francisco in 2011. Here are more details from Linda about her life and work:

“After reading Gary’s books DU and YIR and then becoming ACIM student I was inspired to write my life story, something I never dreamed I’d do in a million years. Then as I wrote, I began forgiving all the traumatic events of my childhood using Gary’s and ACIM forgiveness teachings. I never planned this; it just happened through using the forgiveness teachings I was led to telling this story. I realized that I was not a body that could be damaged or destroyed. I realized that as immortal spirit I no longer needed to define myself by what had happened to my body or by what I’d done with my body. That is how I ended my suffering. This is everyone’s story; it is a story of being lost and finding oneself. Sure, the events maybe different, but in awareness they are all the same. We are all in the same boat here. I count my abusers and attackers among my greatest spiritual teachers and all I want for them is to experience the peace of God as I am, and more.

There is but one problem, that we imagine we are separate from our source. There is but one solution, to rest in the awareness that we are perfect love, wisdom, and compassion and to live from that place. The only thing that will ever satisfy us is the magnificence of God! And by that I mean to go beyond the intellectual understanding and to actually experience it. That is what I am doing.

I began substance abusing at age 12 and did so for a good part of my adult life, while suffering from suicidal depression. It has been nearly a decade since I’ve abused any substance other than chocolate.

Writing this book led to me meeting Gary and becoming his personal assistant. I’m honored to call Gary my dear, good friend. He endorses me in all my work. My book and workshop is complimentary to his. My work stands on it’s own merits as I have taken the teachings and applied them to my real life and am now more whole than broken, more sane than insane. That is how I can help others. As you gain stable well-being you are able to live a wholly beneficial life.”

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